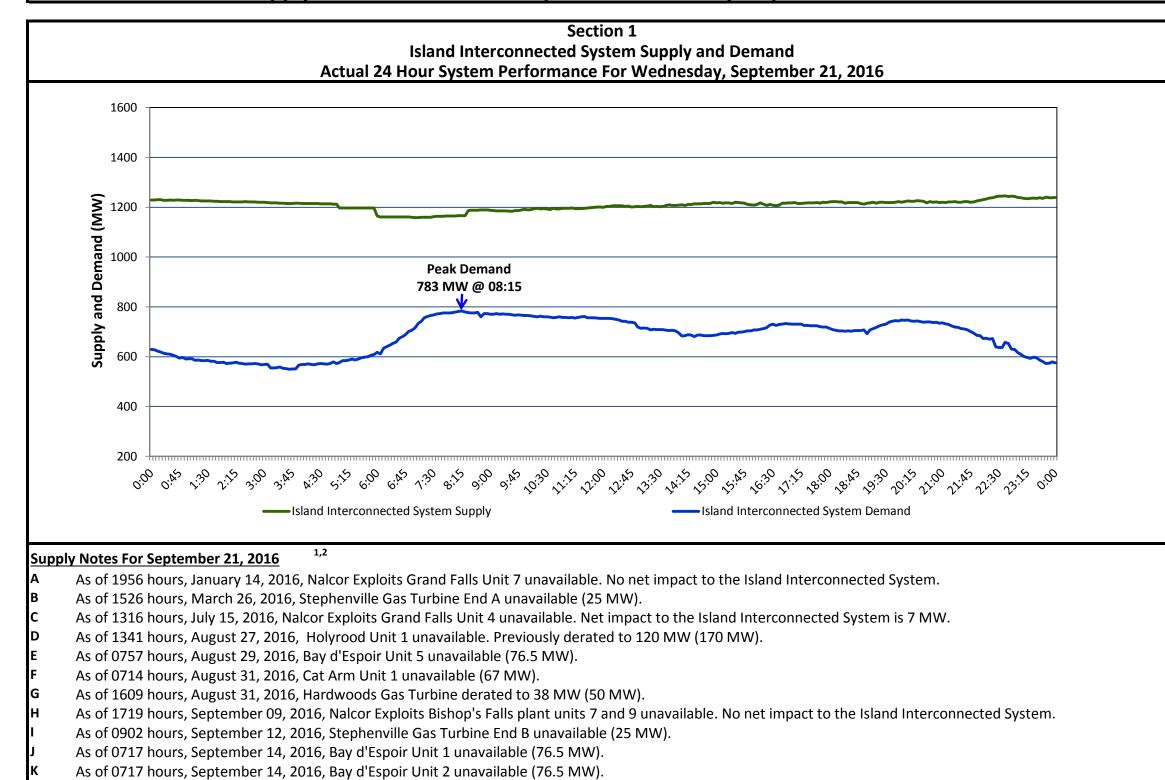
Newfoundland Labrador Hydro (NLH) Supply and Demand Status Report Filed Thursday, September 22, 2016



U At 2145 hours, Septe	ember 21, 2016, Nalcor Exploits Bishop's	Falls plant units 1,2,3,4,5,6 and 8 available.	Net gain to th	ne Island Inte	erconnected System is 15 MW.
		Section 2			
	Isla	ind Interconnected Supply and Demar	nd		
Thu, Sep 22, 2016	Island System Outlook ³	Seven-Day Forecast	Temperature		Island System Daily Peak Deman
			(°C)		(MW)
			Morning	Evening	Forecast

At 0502 hours, September 21, 2016, Nalcor Exploits Bishop's Falls plant units 1,2,3,4,5,6 and 8 unavailable. Net impact to the Island Interconnected System is 15 MW.

At 0601 hours, September 21, 2016, Nalcor Exploits Grand Falls Units 5 and 6 unavailable. Net impact to the Island Interconnected System is 8 MW.

At 0601 hours, September 21, 2016, Nalcor Exploits Grand Falls Unit 8 unavailable. Net impact to the Island Interconnected System is 4 MW. At 0601 hours, September 21, 2016, Nalcor Exploits Grand Falls Unit 9 unavailable. Net impact to the Island Interconnected System is 30 MW.

Thu, Sep 22, 2016 Island System Outlook ³			Seven-Day Forecast	Temperature (°C)		Island System Daily Peak Demand (MW)
				Morning	Evening	Forecast
Available Island System Supply:5	1,250	MW	Thursday, September 22, 2016	13	15	745
NLH Generation: ⁴	980	MW	Friday, September 23, 2016	11	11	815
NLH Power Purchases: ⁶	105	MW	Saturday, September 24, 2016	13	8	860
Other Island Generation:	165	MW	Sunday, September 25, 2016	7	8	915
Current St. John's Temperature:	12	°C	Monday, September 26, 2016	7	6	985
Current St. John's Windchill:	N/A	°C	Tuesday, September 27, 2016	6	6	965
7-Day Island Peak Demand Forecast:	985	MW	Wednesday, September 28, 2016	8	5	890

Supply Notes For September 22, 2016

At 0017 hours, September 22, 2016, Nalcor Exploits Grand Falls Unit 8 available. No net gain to the Island Interconnected System.

As of 2256 hours, September 19, 2016, Holyrood Unit 3 unavailable. Previously derated to 135 MW (150 MW).

At 0824 hours, September 21, 2016, Holyrood Unit 2 derated to 150 MW. Previously derated to 130 MW (170 MW).

As of 1225 hours, September 20, 2016, Hawkes Bay Diesel Plant unavailable (5 MW).

At 0603 hours, September 21, 2016, Paradise River Unit available (8 MW).

At 1358 hours, September 21, 2016, Paradise River Unit unavailable (8 MW).

- At 0020 hours, September 22, 2016, Nalcor Exploits Grand Falls Units 5 and 6 available. No net gain to the Island Interconnected System.
- At 0509 hours, September 22, 2016, Nalcor Exploits Grand Falls Unit 9 available. Net gain to the Island Interconnected System is 13 MW.
- Notes: 1. Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. The power system operators schedule outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.
 - 2. Due to the Island Interconnected System being isolated from the larger North American grid, when there is a sudden loss of large generating units some customer's load must be interrupted for short periods to bring generation output equal to customer demand. This automatic action of power system protection, referred to as under frequency load shedding, is necessary to ensure the integrity and reliability of system equipment. Under frequency events typically occur 5 to 8 times per year on the Island Interconnected System and the resultant customer load interruptions are generally less than 30 minutes.
 - 3. As of 0800 Hours.
 - 4. Gross output including station service at Holyrood (24.5 MW) and improved NLH hydraulic output due to water levels (35 MW).
 - 5. Gross output from all Island sources (including Note 4).
 - 6. NLH Power Purchases include: CBPP Co-Gen, Nalcor Exploits, Rattle Brook, Star Lake, Vale capacity assistance (when applicable), and Wind Generation.

Section 3 Island Peak Demand Information Previous Day Actual Peak and Current Day Forecast Peak							
Wed, Sep 21, 2016	Actual Island Peak Demand ⁸	08:15	783 MW				
Thu, Sep 22, 2016	Forecast Island Peak Demand		745 MW				

Notes: 8. Island Demand is supplied by NLH generation and purchases, plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).