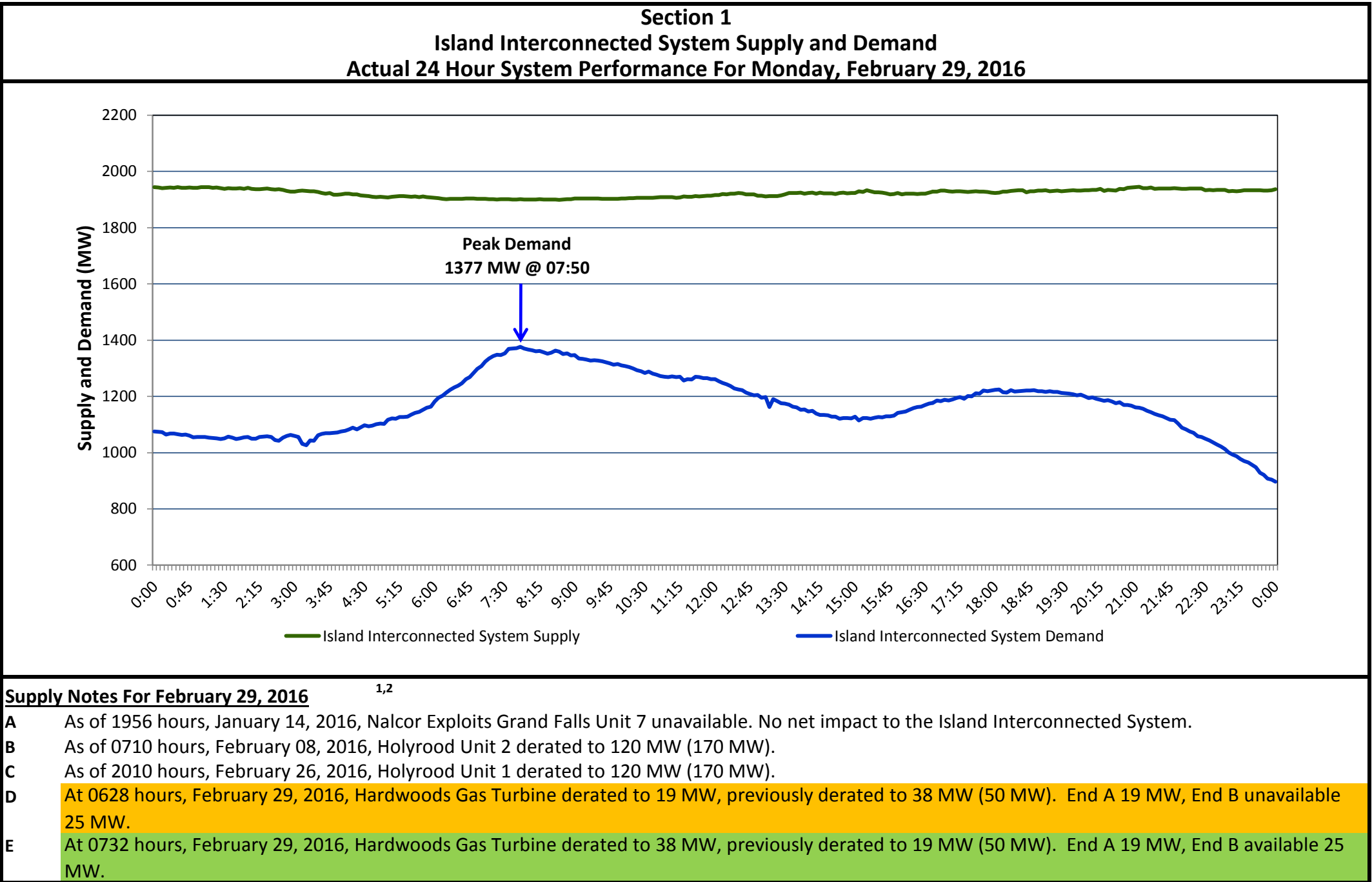


Newfoundland Labrador Hydro (NLH)
Supply and Demand Status Report Filed Tuesday, March 01, 2016



Section 2
Island Interconnected Supply and Demand

| Tue, Mar 01, 2016 | | | Island System Outlook ³ | Seven-Day Forecast | Temperature (°C) | | Island System Daily Peak Demand (MW) | |
|--|-------|----|------------------------------------|--------------------|------------------|---------|--------------------------------------|-----------------------|
| | | | | | Morning | Evening | Forecast | Adjusted ⁶ |
| Available Island System Supply: ⁵ | 1,955 | MW | Tuesday, March 01, 2016 | 6 | 1 | 1,290 | 1,195 | |
| NLH Generation: ⁴ | 1,580 | MW | Wednesday, March 02, 2016 | -6 | -2 | 1,420 | 1,323 | |
| NLH Power Purchases: ⁷ | 170 | MW | Thursday, March 03, 2016 | 1 | 1 | 1,315 | 1,220 | |
| Other Island Generation: | 205 | MW | Friday, March 04, 2016 | -4 | -2 | 1,425 | 1,328 | |
| Current St. John's Temperature: | 6 | °C | Saturday, March 05, 2016 | -3 | 3 | 1,340 | 1,244 | |
| Current St. John's Windchill: | N/A | °C | Sunday, March 06, 2016 | 0 | -2 | 1,325 | 1,230 | |
| 7-Day Island Peak Demand Forecast: | 1,460 | MW | Monday, March 07, 2016 | -5 | -5 | 1,460 | 1,363 | |

Supply Notes For March 01, 2016³

F

At 0721 hours, March 01, 2016, Paradise River Unit unavailable (8 MW).

G

At 0746 hours, March 01, 2016, Paradise River Unit available (8 MW).

Notes:

1.

Generation outages for running and corrective maintenance are included. These are not unusual for power system operations. They generally do not impact customer supply. The power system operators schedule outages to system equipment whenever possible to coincide with periods when customer demands are low and sufficient supply reserves are available. However, from time to time equipment outages are necessary and reserves may be impacted.

2.

Due to the Island Interconnected System being isolated from the larger North American grid, when there is a sudden loss of large generating units some customer's load must be interrupted for short periods to bring generation output equal to customer demand. This automatic action of power system protection, referred to as under frequency load shedding, is necessary to ensure the integrity and reliability of system equipment. Under frequency events typically occur 5 to 8 times per year on the Island Interconnected System and the resultant customer load interruptions are generally less than 30 minutes.

3.

As of 0800 Hours.

4.

Gross output including station service at Holyrood (24.5 MW) and improved NLH hydraulic output due to water levels (35 MW).

5.

Gross output from all Island sources (including Note 4).

6.

Adjusted for CBP&P interruptible load (when applicable) and the impact of voltage reduction.

7.

NLH Power Purchases include: CBPP Co-Gen, Nalcor Exploits, Rattle Brook, Star Lake, Vale capacity assistance, and Wind Generation.

Section 3
Island Peak Demand Information
Previous Day Actual Peak and Current Day Forecast Peak

| | | | |
|-------------------|--|-------|----------|
| Mon, Feb 29, 2016 | Actual Island Peak Demand ⁸ | 07:50 | 1,377 MW |
| Tue, Mar 01, 2016 | Forecast Island Peak Demand | | 1,290 MW |

Notes:

8.

Island Demand is supplied by NLH generation and purchases, plus generation owned and operated by Newfoundland Power and Corner Brook Pulp & Paper (Deer Lake Power, DLP).